



Publish with the Research Lab

Open, citable, ORCID-synced — the scholarly home of diving & wellbeing science.

WHAT WE PUBLISH

Original research · reviews · working papers & reports · instruments & protocols · datasets · preprints — at the intersection of diving, contemplative practice and wellbeing science. English and Spanish equally welcome; bilingual editions encouraged.

CALL FOR PAPERS — THE EIGHT DOMAINS

1 · Physiological mechanisms	2 · Psychological outcomes
3 · Instructor training & wellbeing	4 · Ecological impact & stewardship
5 · Clinical applications	6 · FP20 measurement & validation
7 · Pedagogical innovation	8 · Policy & global scaling

Empirical studies, theory, protocols, field reports and case studies — from labs, universities, dive centers and independent researchers alike.

THE PROCESS — FIVE STEPS

- 1 Submit**
abstract or full manuscript to research@mindfuldivinginstitute.com — or propose at [/research](#)
- 2 Editorial review**
Director-led, constructive, weeks not months — soundness, safety framing, fit
- 3 Prepare**
a designed edition in the Institute's typography + a landing page on the Research Hub
- 4 DOI & archive**
permanent DOI · archived on Zenodo (MDI community) · OpenAIRE-indexed · Crossref deposit
- 5 ORCID & reach**
flows to your ORCID automatically · Google-Scholar tags · announced in the Journal

WHAT AUTHORS KEEP & GET

You keep copyright CC BY 4.0 default; other licenses on request	Free to publish & read no fees in the founding era	Permanent identity a DOI forever · your ORCID on every record
---	--	---

OUR STANDARDS — evidence-grounded claims · explicit safety framing for any water practice · ethics approvals where applicable · honest limitations. The amber culture applies to science too: say the true thing early.

Submit: research@mindfuldivinginstitute.com · mindfuldivinginstitute.com/research

Director: Prof. Luis Miguel Gallardo · ORCID 0009-0005-3222-6092

